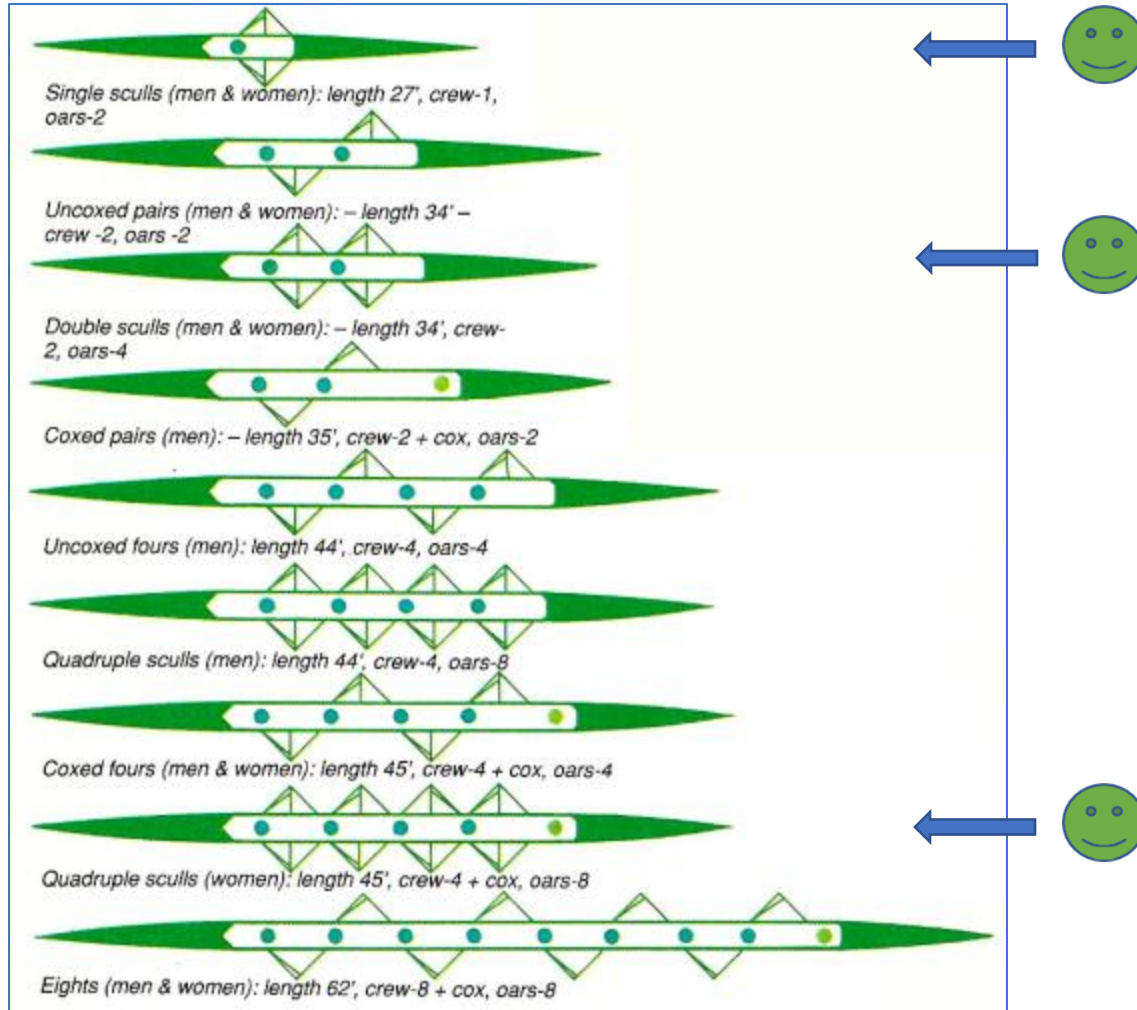


# Guide to Terminology & Equipment

version: juin 2019 revised 2021



# The different types of boats available. 😊 = used during initiation course



Skiff

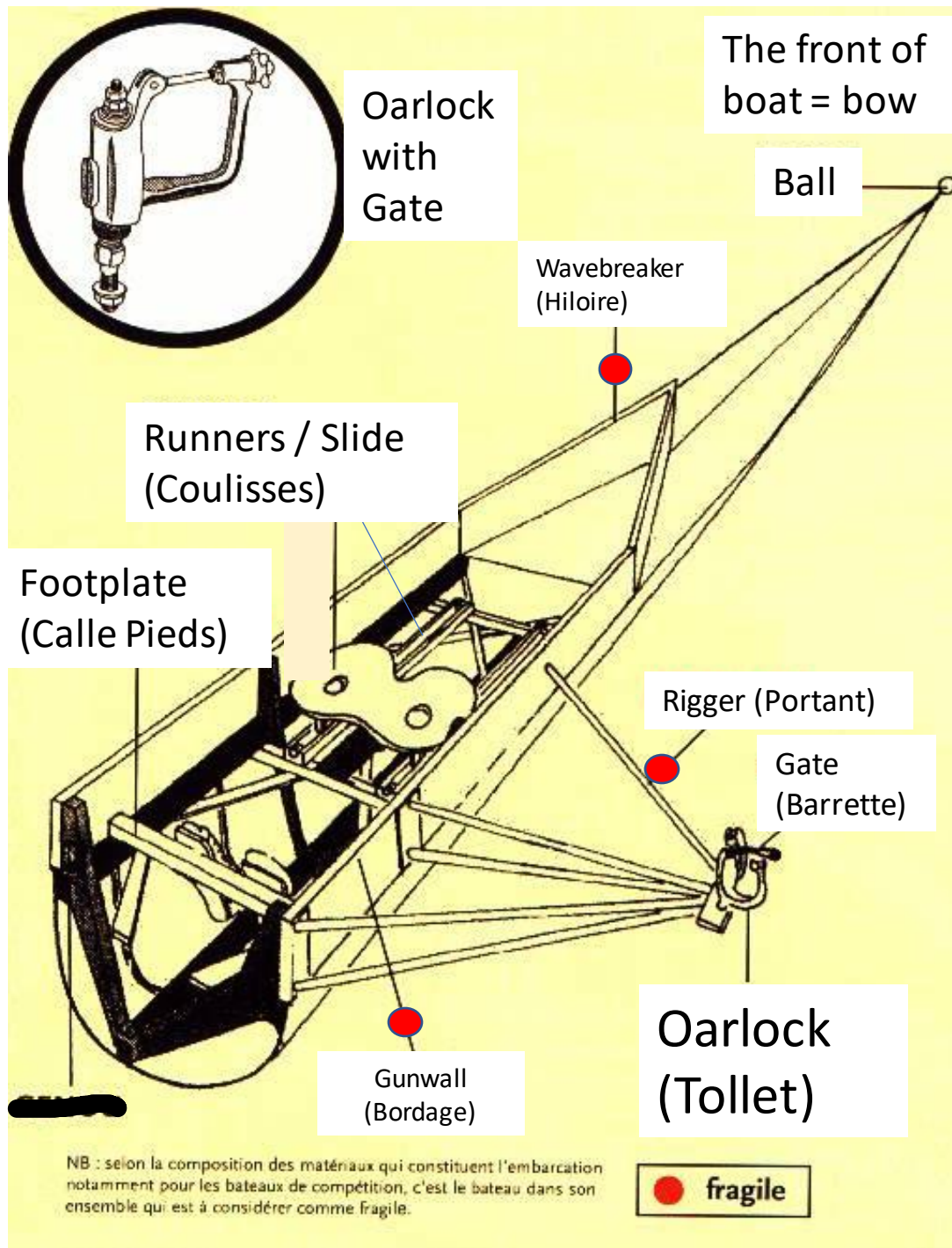


2 de Couple



Yolette XY4+





# Scull boat: Terminology 1

**Wavebreaker (Hiloire)** has a pointed front (fragile!!) which allows the water flow to be distributed on each side (breakwater).

**Bow (Proue)** = Front of boat.

**Stern (Poupe)** = Rear of boat.

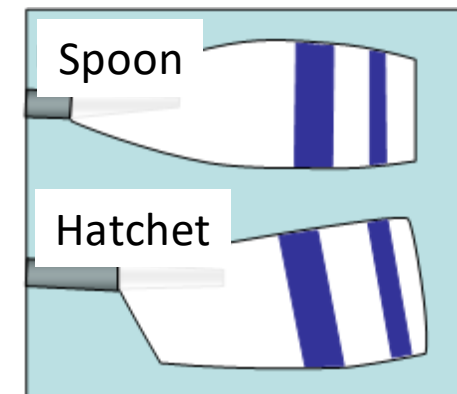
The **gunwall (bordage)** is a part of a boat's frame (upper belt). Warning! We always carry the boat by the gunwall – never by the riggers.

Note: some boats are centered with thicker gunwalls; the bracing that reinforces and through which the boat can also be carried.

**Oarlock (Tollet)**: peg serving as the fulcrum of the oar.

**Pay attention to the direction of assembly! It must always be facing the stern (side of the rower's feet)**

# Scull boat: Terminology 2 – The oar (rame / aviron)





# The Boats

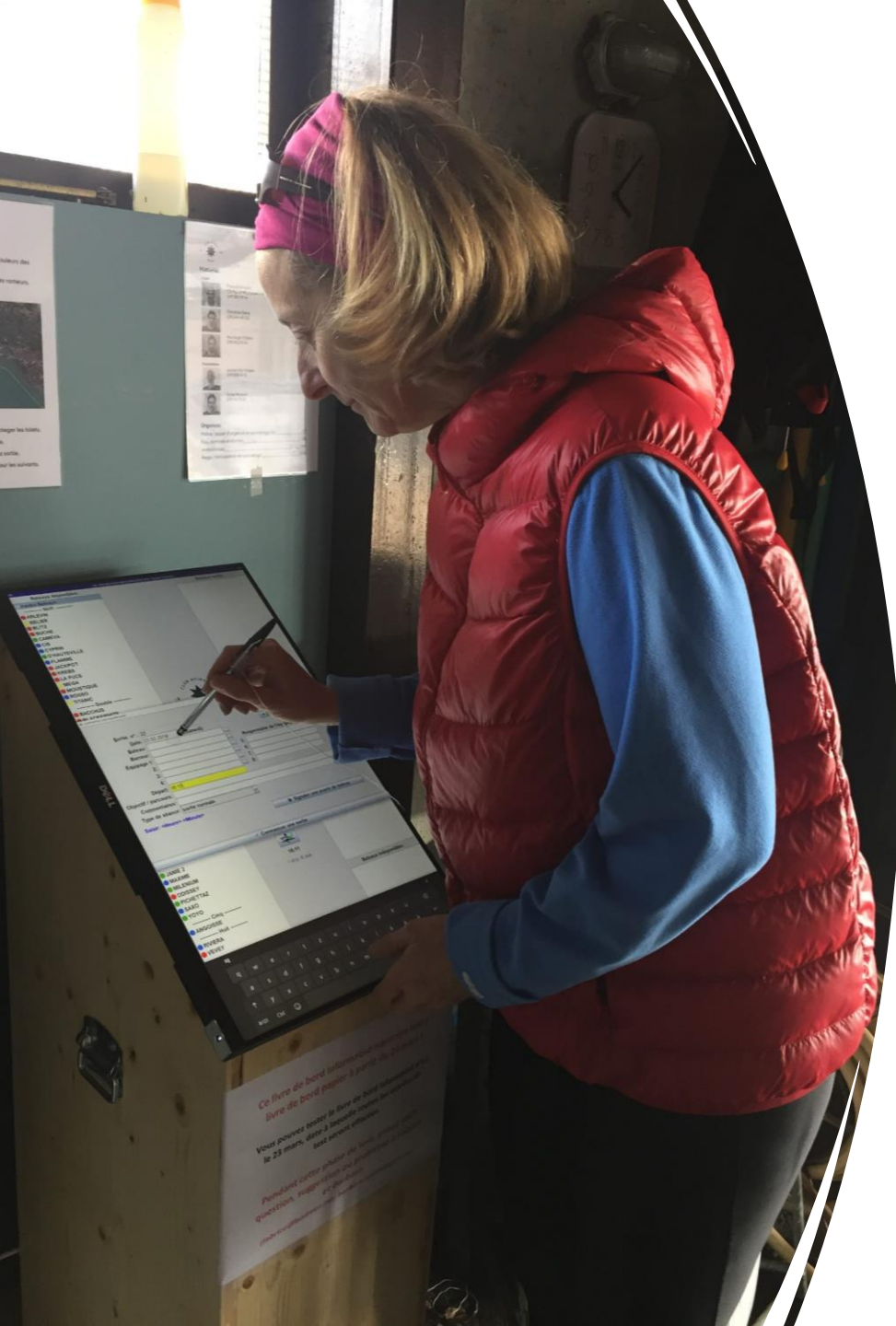
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- Each boat has a place in the garage marked with its name.
- Each boat rests on 2 supports:
  - metal padded (if above ground level) or
  - 2 wooden carts (at ground level).
- Attention: always rest the boat on its gunwalls, never on the riggers nor on the wavebreaker !



# Organisation of an outing

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- Before each outing, note the outing in the computerized logbook (EFA system).
- The name of the boat, the names of the rowers and the chosen direction (East / West).
- If in doubt refer to the user manual.

[https://aviron-vevey.ch/wp-content/uploads/2019/02/Manuel\\_EFA.pdf](https://aviron-vevey.ch/wp-content/uploads/2019/02/Manuel_EFA.pdf)



# Taking out the oars

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- Each boat has its own oars, stored vertically on the supports, next to the garage doors.
- We carry 2 oars at a time.
- Always carry oars with the blades behind you.
- Pay attention that the blades do not hit the ground or each other.





# Preparing boat trestles and taking out the boats

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- Choose the size of the trestles according to the weight and the length of the boat.
- Place each boat slightly offset from the garage doors, to be able to take the boats out straight and quickly.





# Preparing the boat

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- Close airtight compartment covers without force.
- Open the gates on each oarlock.
- Check the runners and the seat.
- Pre-adjust toe clips / footplates.

# Manoeuvring the boat

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- Operate calmly and in a coordinated manner! It is always the instructor or the most experienced person who coordinates the manoeuvre.
- Watch out when turning as the boat is long, look out for other rowers, garage doors/posts and trestles!







# Carrying the boat

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- Carry the boat hull facing down (as it will sit on the water) arms outstretched, by the gunwalls.
- Face to face, 2 people placed in front of the front riggers and 2 people placed behind the rear riggers.
- Possibly 1 or 2 additional people, one at the front tip (bow) and the other at the back (stern).





# Taking care of the equipment



THANK YOU for taking care and for cleaning the equipment !

## Before storing each boat in the garage:

Open airtight compartment covers.

- Clean the runners with rubbing alcohol.
- If necessary, clean the inside of the boat with water.  
(sponge and bucket available near the tap in the garage)
- Close and protect the oarlocks with tennis balls.
- Dry the boat with the absorbent cloths.
- **In case of damage, notify the instructor, after any shock or damage!**  
(Outside the initiation course, report it on the EFA system once the outing is finished ).

